

Scout Climbing Badge Session

Max group size 16

1:8 Instructor ratio

Week 1 (90mins)

Fit Harnesses+Helmets - Teach how to put harnesses on and fit themselves. Get them to fit helmets (take them off and explain why we don't use them indoors) **10mins**

Belay/tie in demo - teach proper 2 point belaying and knot tying. Introduce a logbook and make sure they fill it in - need grades 4/5+. Teach climbing calls. **10mins**

Climbing - climbing with everyone making sure good belaying is happening throughout the session. Fill in logbooks **45mins**

Chat(on floor in bouldering) - Talk about safety rules indoors and outdoors. Talk about environmental issues outdoors. **10mins**

Bouldering - Talk about boulding rules at the end of chat. Boulder downstairs. **15mins**

Week 2 (90mins)

Harnesses+Helmets - should be able to fit harnesses well and check they can remember how to do a helmet. **10mins**

Climbing - Ask if everyone feels confident to go into climbing straight away. Make sure log books are being filled in. While group is abseiling potential climb walls other than the start corner. **20mins**

Abseil chat - Split group into 2. Take the first group upstairs for pre abseil chat. Talk about rope types and equipment we will use. Also talk about how to care for equipment and check if it's damaged etc. **10mins**

Abseil group 1 - **20mins**

Abseil Chat/Abseil - Group 2 **10mins+20mins**

Requirements:

1	Show that you know the rope types used for rock climbing. Explain how to coil and maintain them.
2	Show that you know how to fit a climbing helmet and harness and how to tie in correctly.
3	Show you understand the calls used in climbing.
4	Show that you know how to abseil down a face. It should usually be at least 10 metres high
5	Take part in four or more separate climbs. Your climbs should either be on artificial walls of grade 4+/5
6	Explain the safety rules for climbing on both natural and artificial rock faces.
7	Show that you're aware of environmental issues around climbing on natural rock faces.
8	Explain how to care for the equipment you used. Also, explain what you should look out for when equipment is nearing the end of its life.